

Did you know, in Ontario

Unplugged

ONTARIO
Yours to discover



1	BLISS HAVEN RETREAT CENTRE	<p>Dunnville Come and experience the serenity and beauty offered by nature at Bliss Haven Retreat Center. Stroll through the numerous beautiful landscaped lawns, enjoy nature walks and a variety of outdoor activities. Between the delicious food, activities and fresh air you'll leave feeling recharged and pampered. https://www.blisshavenantiques.com/</p>
2	ONTARIO'S COUPLES RESORT	<p>Whitney A 5-star Luxury Resort on the shores of Algonquin Park's Galeairy Lake is the perfect spot for you and a loved one to unwind. Surrounded with breathtaking wilderness, there are endless outdoor activities to choose from. Following a day of fresh air, be pampered with spa treatments followed by decadent gourmet dining by international chefs. https://www.couplesresort.ca/about.php</p>
3	GRAIL SPRINGS RETREAT CENTRE FOR WELLBEING	<p>Bancroft Destress, relax and reconnect with yourself at Grail Springs Retreat Centre for Wellbeing. All stays include: healthy plant-based meals, daily yoga and meditation, use of saunas, mineral tubs and healing installations, hiking and informative evening talks based on all topics body, mind and soul. https://www.grailsprings.com/</p>
4	SNOWGA	<p>Sault Ste. Marie, March 28 Strap on your snowshoes and unwind with snowshoe yoga at the Pinder snowshoe trail. Try out this brand new yoga class for a relaxing and unique experience. https://hiawathahighlands.com/event/snowga-snowshoe-yoga-2/</p>
5	THE MAGIC OF MAPLE AT MILLCROFT INN & SPA	<p>Caledon Enjoy the magic of maple this March at Millcroft Inn and Spa. During your stay discover the ways Millcroft is celebrating the magic of maple with maple themed cocktails, menu items, and spa treatments. https://www.vintage-hotels.com/millcroft/packages/mc-maple.php#package</p>
6	HEALING SALT CAVE	<p>Niagara Falls Relax and unwind at the Healing Salt Cave in Niagara Falls. This wellness centre and holistic spa is based on Halo (salt) therapy which is a proven therapeutic method for helping people with various conditions achieve well-being. Not only will you get to relax and unplug, but your Halotherapy Expert will introduce and guide you through the many applications of salt for your own self care practices. https://healingsaltcaves.com/niagara-falls-location/</p>
7	MARLIN ORCHARDS & GARDEN CENTRE	<p>Cornwall Unplug by getting back in touch with the outdoors by growing your own garden at Marlin Orchards & Garden Centre. There has never been a better time to start growing your own gardens, and with Marlin's greenhouses bursting with a variety of vegetables and plants, your pots and containers will have the best home. https://marlinorchards.com/</p>
8	AROMA DAY SPA	<p>Hamilton Relax and rejuvenate at the Aroma Day spa. This luxurious spa offers a variety of services, meaning you're guaranteed to leave feeling recharged and ready to reconnect with the world around you. https://aromadayspa.com/</p>
9	MEDITATION AT RIVERSOUND RETREAT	<p>Fergus Recentre yourself with weekly mediation classes at RiverSound Retreat. Located alongside the Grand River, you will be surrounded by nature which will help ground and relax you through your mediation. https://riversoundretreat.com/meditation-classes-elora-fergus-quelph-ontario/</p>
10	MEDITATION RETREAT	<p>Wyebridge Unplug from the world with a meditation retreat at Sugar Ridge Retreat Centre. Choose from a one day, weekend or weeklong retreat where you will sample a variety of meditation techniques and learn how you can incorporate meditation into your daily life to reap the benefits such as improved mood and concentration. https://www.sugarridge.ca/meditation-retreats-near-toronto-ontario#one_day_workshops</p>